Dear Relative **letter example**

Dear

I hope this letter finds you well. I'm writing to share some information about our family's health that may be relevant to you.

A member of our family/I has/have recently been diagnosed with Fabry disease, a condition that is inherited and can therefore run in families.

Fabry disease is caused by a change (mutation) in a gene, which means it can be passed from parent to child. Both men and women can be affected; although symptoms and severity can vary greatly, even within the same family. Fabry can result in damage to your heart and kidneys as well as causing symptoms such as pain, fatigue and digestive issues (which are very common and could easily be overlooked).

Because of this, doctors usually recommend that close relatives of someone diagnosed with Fabry disease are given the opportunity to consider genetic testing. This testing can clarify whether someone is at risk of developing symptoms and passing the condition on.

Knowing about Fabry disease early can make a real difference. It allows people to access specialist advice, regular monitoring and (if needed) treatment to help protect their long-term health.

I would encourage you to contact your GP and explain that there is a family history of Fabry disease. Ask for a referral to a clinical genetics service or metabolic specialist, who can discuss your personal risk and whether testing would be appropriate for you.

You may find it useful to pass on my name and information about the genetic mutation (variant) that has been found:

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If you are unsure or would like to chat this through with someone who understand Fabry and testing, you may also wish to contact:

The MPS Society

A UK charity providing advice and support for individuals and families affected by Fabry disease and other inherited metabolic conditions. I am a member of the MPS Society and know that the advice they provide is reliable.

Phone	Email	Website
0345 389 9901	advocacy@mpssociety.org.uk	mpssociety.org.uk

I appreciate that this may be a lot to take in, but please know that sharing this information comes from a place of care and responsibility.

With very best wishes,

MPS Society Alison Wilson, Head of Support and Communities, Oct 2025