

Co-design of a Physical Activity and Sedentary Behaviour Intervention for Adults with Fabry Disease.

PARTICIPANTS NEEDED

For what?

You are being invited to take part in a research study to co-design a physical activity and sedentary behaviour intervention to improve mental health and quality of life in adults with Fabry disease.

Why is this study important?

The information provided in the focus groups will contribute to the co-design of a physical activity and sedentary behaviour intervention, which could lead to advancements in the care and support of adults with Fabry disease.

What the study involves

- **2 focus groups** which will last approximately **2 hours** (focus group 1) and **1 hour** (focus group 2).
- The focus groups will take place **online** with other adults with Fabry disease.

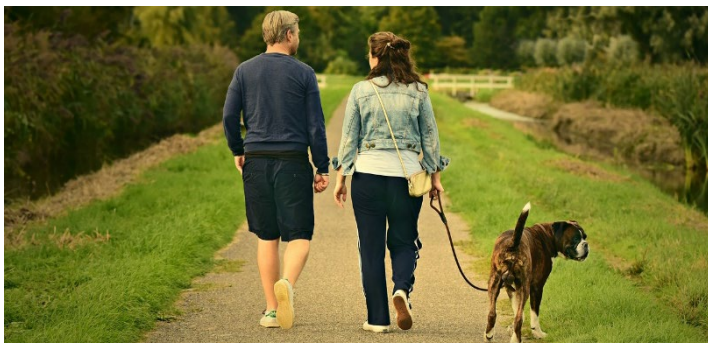
You will receive a **£20 shopping gift voucher** as a token of appreciation for your involvement in the study.

Eligibility

- You have a diagnosis of Fabry disease.
- You are aged 18 years or older.
- You are able to walk without the help of another person.



Brunel
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London



To find out more or get involved:

Please email sarah.gosling@brunel.ac.uk