

Co-design of a Physical Activity and Sedentary Behaviour Intervention for Adults with Fabry Disease.

PARTICIPANTS NEEDED

For what?

You are being invited to take part in a research study to co-design a physical activity and sedentary behaviour intervention to improve mental health and quality of life in adults with Fabry disease.

Why is this study important?

The information provided in the focus group will contribute to the co-design of a physical activity and sedentary behaviour intervention, which could lead to advancements in the care and support of adults with Fabry disease.

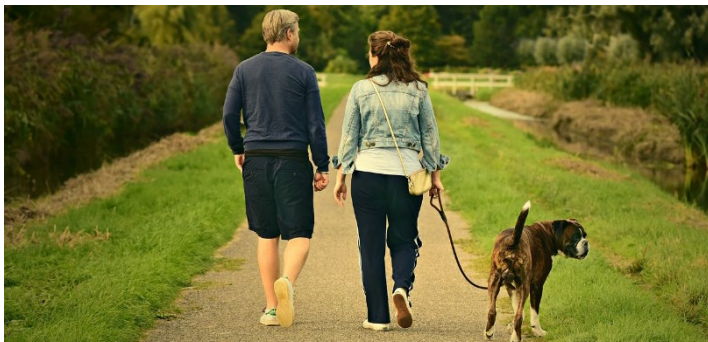
What the study involves

- **1 focus group** which will last approximately **1 hour and 30 minutes**.
- The focus group will take place **online** with other individuals who have been involved in supporting adults with Fabry disease.

You will receive a **£20 shopping gift voucher** as a token of appreciation for your involvement in the study.

Eligibility

- You are an individual who has been involved in supporting adults with Fabry disease, such as a **family member, friend, member of staff or volunteer at the MPS Society**.
- You are aged 18 years or older.



To find out more or get involved:

Please email sarah.gosling@brunel.ac.uk